

TIKVA WORDS



Be still and remember that I am God...

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Most of the words are taken from Bible 2000. Use the translation or paraphrase of the Bible word you want as long as the content of the word remains.



Faith

1. "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." Psalms 46:10
2. "God is our refuge and strength, an ever-present help in trouble." Psalms 46:1
3. "Keep me as the apple of your eye; hide me in the shadow of your wings". Psalms 17:8
4. "You, LORD, are my lamp; the LORD turns my darkness into light." 2 Samuel 22:29
5. "My flesh and my heart may fail, but God is the strength of my heart and my portion forever." Psalms 73:26
6. "Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness." Lamentations 3:22-23
7. "I waited patiently for the LORD; he turned to me and heard my cry." Psalms 40:1
8. "Never will I leave you; never will I forsake you." So we say with confidence, "The Lord is my helper; I will not be afraid. What can mere mortals do to me?" Hebrews 13:5-6

9. "Truly my soul finds rest in God; my salvation comes from him. Truly he is my rock and my salvation; he is my fortress, I will never be shaken."

Psalms 62:1–2

10. "The LORD will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail." Isaiah 58:11

11. "Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows."

James 1:17

12. "Trust in the LORD forever, for the LORD, the LORD himself, is the Rock eternal." Isaiah 26:4

13. "For my thoughts are not your thoughts, neither are your ways my ways," declares the LORD. "As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts." Isaiah 55:8–9

14. "For in him we live and move and have our being." As some of your own poets have said, "We are his offspring." Acts 17:28

15. "I keep my eyes always on the LORD. With him at my right hand, I will not be shaken. Therefore my heart is glad and my tongue rejoices; my body also will rest secure." Psalms 16:8–9

16. "Blessed are those who find wisdom, those who gain understanding, for she is more profitable than silver and yields better." Proverbs 3:13–14

17. "For he will command his angels concerning you to guard you in all your ways" Psalm 91:11

18. "Your word is a lamp for my feet, a light on my path." Psalm 119:105

19. "Even to your old age and gray hairs I am he, I am he who will sustain you. I have made you and I will carry you; I will sustain you and I will rescue you." Isaiah 46:4

20. "Trust in the Lord forever, for the Lord, the Lord himself, is the Rock eternal." Isaiah 26:4

21. "Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God—" John 1:12

22. "As the Father has loved me, so have I loved you. Now remain in my love." John 15:9

23. "When Jesus spoke again to the people, he said, 'I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.'" John 8:12
24. "Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies."
1 Corinthians 6:19–20
25. "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!" 2 Corinthians 5:17
26. "I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me." Galatians 2:20
27. "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." Ephesians 2:10
28. "Therefore, there is now no condemnation for those who are in Christ Jesus". Romans 8:1
29. "No, in all these things we are more than conquerors through him who loved us." Romans 8:37
30. "For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord." Romans 8:38–39
31. "But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly body so that it will be like his glorious body." Philippians 3:20–21
32. "But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly body so that it will be like his glorious body." Philippians 3:20–21
33. "I lift up my eyes to the mountains— where does my help come from? My help comes from the Lord, the Maker of heaven and earth." Psalm 121:1–2
34. "Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me." Psalm 23:4

35. "For I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you." Isaiah 41:13
36. "I sought the Lord, and he answered me; he delivered me from all my fears." Psalm 34:4
37. "And surely I am with you always, to the very end of the age." Matthew 28:20
38. "What, then, shall we say in response to these things? If God is for us, who can be against us?" Romans 8:31
39. "The Lord is a refuge for the oppressed, a stronghold in times of trouble." Psalm 9:9
40. "Those who know your name trust in you, for you, Lord, have never forsaken those who seek you." Psalm 9:10
41. "You have searched me, Lord, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways." Psalm 139:1–3
42. "For the word of the Lord is right and true; he is faithful in all he does." Psalm 33:4
43. "The Lord is my light and my salvation—whom shall I fear? The Lord is the stronghold of my life—of whom shall I be afraid?" Psalm 27:1
44. "The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him." Psalm 28:7
45. "When I am afraid, I put my trust in you. In God, whose word I praise—in God I trust and am not afraid. What can mere mortals do to me?" Psalm 56:3–4
46. "Create in me a pure heart, O God, and renew a steadfast spirit within me." Psalm 51:10

Hope

1. "Those who sow with tears will reap with songs of joy." Psalm 126:5
2. "But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." Isaiah 40:31
3. "You turned my wailing into dancing; you removed my sackcloth and clothed me with joy." Psalm 30:11
4. "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11
5. "Yet the Lord longs to be gracious to you; therefore he will rise up to show you compassion. For the Lord is a God of justice. Blessed are all who wait for him!" Isaiah 30:18
6. "Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God." Psalm 42:11
7. "But the eyes of the Lord are on those who fear him, on those whose hope is in his unfailing love" Psalm 33:18
8. "Blessed is she who has believed that the Lord would fulfill his promises to her!" Luke 1:45
9. "As the deer pants for streams of water, so my soul pants for you, my God." Psalm 42:1
10. "Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life." Psalm 143:8
11. "Many are the woes of the wicked, but the Lord's unfailing love surrounds the one who trusts in him." Psalm 32:10
12. "The Lord will keep you from all harm— he will watch over your life; the Lord will watch over your coming and going both now and forevermore." Psalm 121:7-8
13. "The Lord watches over you— the Lord is your shade at your right hand" Psalm 121:5

14. "When I called, you answered me; you greatly emboldened me."
Psalm 138:3

15. "Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you."
Deuteronomy 31:6

16. "May the Lord direct your hearts into God's love and Christ's perseverance." 2 Thessalonians 3:5

17. "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight." Proverbs 3:5-6

18. "Do not let your hearts be troubled. You believe in God; believe also in me." John 14:1

19. "Wait for the Lord; be strong and take heart and wait for the Lord."
Psalm 27:14

20. "Be still before the Lord and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes."
Psalm 37:7

21. "But now, Lord, what do I look for? My hope is in you." Psalm 39:7

22. "Show me your ways, Lord, teach me your paths." Psalm 25:4

23. "Show me your ways, Lord, teach me your paths. Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long."
Psalm 25:4-5

24. "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you." Psalm 32:8

25. "For the Lord your God is gracious and compassionate. He will not turn his face from you if you return to him." 2 Chronicles 30:9

26. "Let us hold unswervingly to the hope we profess, for he who promised is faithful." Hebrews 10:23

27. "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."
Romans 15:13

28. "May your unfailing love be with us, Lord, even as we put our hope in you."
Psalm 33:22

29. "Yes, my soul, find rest in God; my hope comes from him." Psalm 62:5

30. "It is good to wait quietly for the salvation of the Lord."
Lamentations 3:26

Endurance

1. "I can do all this through him who gives me strength." Philippians 4:13
2. "This is what the Sovereign Lord, the Holy One of Israel, says: 'In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it.'" Isaiah 30:15
3. "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." Isaiah 41:10
4. "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up." Galatians 6:9
5. "Whoever watches the wind will not plant; whoever looks at the clouds will not reap." Ecclesiastes 11:4
6. "Anxiety weighs down the heart, but a kind word cheers it up." Proverbs 12:25
7. "Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead" Philippians 3:13
8. Jag glömmer det som ligger bakom mig och sträcker mig mot det som ligger framför mig. Fil 3:13
9. "What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?" Matthew 16:26
11. "The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters" Psalm 23:1–2
12. "Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you." Deuteronomy 31:6
13. "May the Lord direct your hearts into God's love and Christ's perseverance." 2 Thessalonians 3:5
14. "There is a time for everything, and a season for every activity under the heavens" Ecclesiastes 3:1
15. "Let us hold unswervingly to the hope we profess, for he who promised is faithful" Hebrews 10:23

16. "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

Romans 15:13

17. "It is good to wait quietly for the salvation of the Lord."

Lamentations 3:26

Peace

1. "Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." Matthew 6:34
2. "When you lie down, you will not be afraid; when you lie down, your sleep will be sweet." Proverbs 3:24
3. "Come to me, all you who are weary and burdened, and I will give you rest." Matthew 11:28
4. "Cast all your anxiety on him because he cares for you." 1 Peter 5:7
5. "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." John 14:27
6. "The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters" Psalm 23:1–2
7. "May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ." 1 Thessalonians 5:23
8. "Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, 'He is my refuge and my fortress, my God, in whom I trust.'" Psalm 91:1–2
9. "And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:7
10. "Send me your light and your faithful care, let them lead me; let them bring me to your holy mountain, to the place where you dwell." Psalm 43:3
11. "I am with you and will watch over you wherever you go..." Genesis 28:15
12. "You are my hiding place; you will protect me from trouble and surround me with songs of deliverance." Psalm 32:7
13. "Take delight in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him and he will do this" Psalm 37:4–5
14. "Arise, shine, for your light has come, and the glory of the Lord rises upon you." Isaiah 60:1

15. "The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace." Numbers 6:24–26

16. "Return to your rest, my soul, for the Lord has been good to you." Psalm 116:7

17. "The Lord is close to the brokenhearted and saves those who are crushed in spirit. The righteous person may have many troubles, but the Lord delivers him from them all" Psalm 34:18–19

18. "You will keep in perfect peace those whose minds are steadfast, because they trust in you." Isaiah 26:3

19. "So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets." Matthew 7:12

20. "Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need." Hebrews 4:16

20. "A heart at peace gives life to the body, but envy rots the bones." Proverbs 14:30

Gratitude

1. "I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well." Psalm 139:14
2. "This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all." 1 John 1:5
3. "Above all else, guard your heart, for everything you do flows from it." Proverbs 4:23
4. "A heart at peace gives life to the body, but envy rots the bones." Proverbs 14:30
5. "The mouth of the righteous is a fountain of life, but the mouth of the wicked conceals violence." Proverbs 10:11
6. "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." Philippians 4:6
7. "Give thanks to the Lord, for he is good; his love endures forever." Psalm 107:1
8. "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you." Psalm 32:8
9. "The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him." Psalm 28:7

Joy

1. "But may all who seek you rejoice and be glad in you; may those who long for your saving help always say, 'The Lord is great!'" Psalm 40:16
2. "The light shines in the darkness, and the darkness has not overcome it." John 1:5
3. "Light in a messenger's eyes brings joy to the heart, and good news gives health to the bones." Proverbs 15:30
4. "A cheerful heart is good medicine, but a crushed spirit dries up the bones." Proverbs 17:22
5. "The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing." Zephaniah 3:17
6. "Be on your guard; stand firm in the faith; be courageous; be strong. Do everything in love." 1 Corinthians 16:13–14
7. "As for God, his way is perfect: The Lord's word is flawless; he shields all who take refuge in him." Psalm 18:30
8. "The Lord is good, a refuge in times of trouble. He cares for those who trust in him" Nahum 1:7
9. "Take delight in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him and he will do this" Psalm 37:4–5
10. "How precious to me are your thoughts, God! How vast is the sum of them!" Psalm 139:17
11. "You turned my wailing into dancing; you removed my sackcloth and clothed me with joy." Psalm 30:11
12. Romans 15:13 (NIV)
"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."
13. "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." Galatians 5:22–23

Love

1. "Rise up and help us; rescue us because of your unfailing love."
Psalm 44:26
2. "The grace of our Lord Jesus Christ be with you." 1 Thessalonians 5:28
3. "There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love."
1 John 4:18
4. "Mercy, peace and love be yours in abundance." Jude 1:2
5. "And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in them." 1 John 4:16
5. "We love because he first loved us." 1 John 4:19
6. "And now these three remain: faith, hope and love. But the greatest of these is love." 1 Corinthians 13:13
7. "Be completely humble and gentle; be patient, bearing with one another in love." Ephesians 4:2
8. "Love must be sincere. Hate what is evil; cling to what is good."
Romans 12:9
9. "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs." 1 Corinthians 13:4-5
10. "The Lord is gracious and righteous; our God is full of compassion."
Psalm 116:5
11. "Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken." Psalm 55:22
12. "But I tell you, love your enemies and pray for those who persecute you"
Matthew 5:44
13. "He answered, 'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind'; and, 'Love your neighbor as yourself.'" Luke 10:27
14. "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." John 3:16

15. "And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in them." 1 John 4:16

16. "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." Galatians 5:22–23

17. "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline." 2 Timothy 1:7

To the rest:

1. Psalm 86:5 - 11

You, Lord, are forgiving and good, abounding in love to all who call to you. Hear my prayer, Lord; listen to my cry for mercy. When I am in distress, I call to you, because you answer me. Among the gods there is none like you, Lord; no deeds can compare with yours. All the nations you have made will come and worship before you, Lord; they will bring glory to your name. For you are great and do marvelous deeds; you alone are God. Teach me your way, Lord, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name.

2. Psalm 25:4-9

Show me your ways, Lord, teach me your paths. Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long. Remember, Lord, your great mercy and love, for they are from of old. Do not remember the sins of my youth and my rebellious ways; according to your love remember me, for you, Lord, are good. Good and upright is the Lord; therefore he instructs sinners in his ways. He guides the humble in what is right and teaches them his way.

3. Psalm 145:13-18

Your kingdom is an everlasting kingdom, and your dominion endures through all generations. The Lord is trustworthy in all he promises and faithful in all he does. The Lord upholds all who fall and lifts up all who are bowed down. The eyes of all look to you, and you give them their food at the proper time. 16 You open your hand and satisfy the desires of every living thing. 17 The Lord is righteous in all his ways and faithful in all he does. The Lord is near to all who call on him, to all who call on him in truth.

4. Psalm 73:23-26

Yet I am always with you; you hold me by my right hand. You guide me with your counsel, and afterward you will take me into glory. Whom have I in heaven but you? And earth has nothing I desire besides you. My flesh and my heart may fail, but God is the strength of my heart and my portion forever

5. Psalm 121

I lift up my eyes to the mountains— where does my help come from? My help comes from the Lord, the Maker of heaven and earth. He will not let your foot slip— he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep. The Lord watches over you— the Lord is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The Lord will keep you from all harm— he will watch over your life; the Lord will watch over your coming and going both now and forevermore.

6. Proverbs 4:20b–27

...listen closely to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to one's whole body. Above all else, guard your heart, for everything you do flows from it. Keep your mouth free of perversity; keep corrupt talk far from your lips. Let your eyes look straight ahead; fix your gaze directly before you. Give careful thought to the paths for your feet and be steadfast in all your ways. Do not turn to the right or the left; keep your foot from evil.

7. Psalm 139:1-18

You have searched me, Lord, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways. Before a word is on my tongue you, Lord, know it completely. You hem me in behind and before, and you lay your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain. Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast. If I say, "Surely the darkness will hide me and the light become night around me," even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you. For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be. How precious to me are your thoughts,[a] God! How vast is the sum of them! Were I to count them, they would outnumber the grains of sand—when I awake, I am still with you.

8. Isaiah 40:28–31

Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

9. Isaiah 43:1–3a

But now, this is what the Lord says— he who created you, Jacob, he who formed you, Israel: "Do not fear, for I have redeemed you; I have summoned you by name; you are mine. When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze. For I am the Lord your God, the Holy One of Israel, your Savior

10. Psalm 62:1-3, 5-8

Truly my soul finds rest in God; my salvation comes from him. Truly he is my rock and my salvation; he is my fortress, I will never be shaken. Yes, my soul, find rest in God; my hope comes from him. Truly he is my rock and my salvation; he is my fortress, I will not be shaken. My salvation and my honor depend on God; he is my mighty rock, my refuge. Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.

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2. God is our refuge and strength, an ever-present help in trouble. (Psalm 46:1)
3. Those who sow with tears will reap with songs of joy. (Psalm 126:5)
4. I can do all this through him who gives me strength. (Philippians 4:13)
5. In quietness and trust is your strength. (Isaiah 30:15)
6. So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. (Isaiah 41:10)
7. Keep me as the apple of your eye; hide me in the shadow of your wings. (Psalm 17:8)
8. But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. (Isaiah 40:31)
9. You, Lord, are my lamp; the Lord turns my darkness into light. (2 Samuel 22:29)
10. You turned my wailing into dancing; you removed my sackcloth and clothed me with joy. (Psalm 30:11)

11. My flesh and my heart may fail, but God is the strength of my heart and my portion forever. (Psalm 73:26)

12. "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."
(Jeremiah 29:11)

13. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. (Matthew 6:34)

14. When you lie down, you will not be afraid; when you lie down, your sleep will be sweet. (Proverbs 3:24)

15. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.(Psalm 139:14)

16. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.(Galatians 6:9)

17. Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. (Lamentations 3:22-23)

18. I waited patiently for the Lord; he turned to me and heard my cry.
(Psalm 40:1)

19. Yet the Lord longs to be gracious to you; therefore he will rise up to show you compassion. For the Lord is a God of justice. Blessed are all who wait for him! (Isaiah 30:18)

20. But may all who seek you rejoice and be glad in you; may those who long for your saving help always say, "The Lord is great!" (Psalm 40:16)

21. God has said, "Never will I leave you; never will I forsake you." So we say with confidence, "The Lord is my helper; I will not be afraid. What can mere mortals do to me?" (Hebrews 13:5-6)

22. Truly my soul finds rest in God; my salvation comes from him. Truly he is my rock and my salvation; he is my fortress, I will never be shaken.
(Psalm 62:1-2)

23. The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail. (Isaiah 58:11)

24. Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.
(James 1:17)

25. Come to me, all you who are weary and burdened, and I will give you rest. (Matthew 11:28)

26. But the eyes of the Lord are on those who fear him, on those whose hope is in his unfailing love. (Psalm 33:18)

27. The light shines in the darkness, and the darkness has not overcome it. (John 1:5)

28. So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. (Isaiah 41:10)

29. Cast all your anxiety on him because he cares for you. (1 Peter 5:7)

30. Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. (John 14:27)

31. Trust in the Lord forever, for the Lord, the Lord himself, is the Rock eternal. (Isaiah 26:4)

32. He makes me lie down in green pastures, he leads me beside quiet waters. (Psalm 23:2)

33. "For my thoughts are not your thoughts, neither are your ways my ways," declares the Lord. "As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts." (Isaiah 55:8-9)

34. God is light; in him there is no darkness at all. (1 John 1:5)

35. Rise up and help us; rescue us because of your unfailing love. (Psalm 44:26)

36. May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. (1 Thessalonians 5:23)

37. The grace of our Lord Jesus Christ be with you. (1 Thessalonians 5:28)

38. For in him we live and move and have our being. As some of your own poets have said, 'We are his offspring.' (Acts 17:28)

39. Therefore my heart is glad and my tongue rejoices; my body also will rest secure. (Psalm 16:9)

40. Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust." (Psalm 91:1-2)

41. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:7)
42. Light in a messenger's eyes brings joy to the heart, and good news gives health to the bones. (Proverbs 15:30)
43. Whoever watches the wind will not plant; whoever looks at the clouds will not reap. (Ecclesiastes 11:4)
44. For though the righteous fall seven times, they rise again, but the wicked stumble when calamity strikes. (Proverbs 24:16)
45. Anxiety weighs down the heart, but a kind word cheers it up. (Proverbs 12:25)
46. Forgetting what is behind and straining toward what is ahead. (Philippians 3:13)
47. A cheerful heart is good medicine, but a crushed spirit dries up the bones. (Proverbs 17:22)
48. The one who gets wisdom loves life; the one who cherishes understanding will soon prosper. (Proverbs 19:8)
49. Above all else, guard your heart, for everything you do flows from it. (Proverbs 4:23)
50. Blessed are those who find wisdom, those who gain understanding, for she is more profitable than silver and yields better returns than gold. (Proverbs 3:13-14)
51. Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God. (Psalm 42:11)
52. A heart at peace gives life to the body, but envy rots the bones. (Proverbs 14:30)
53. The mouth of the righteous is a fountain of life. (Proverbs 10:11)
54. There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. (1 John 4:18)
55. Blessed is she who has believed that the Lord would fulfill his promises to her! (Luke 1:45)
56. Gör er inga bekymmer utan när ni ber tacka då Gud och låt honom få veta alla era önskningar. (Fil 4:6)

57. Han skall ge dig regn när du sår på din åker, markens gröda skall bli rik och frodig. Dina hjordar ska den dagen få beta på vidsträckta ängar. (Jes 30:23)
58. As the deer pants for streams of water, so my soul pants for you, my God. (Psalm 42:1)
59. Send me your light and your faithful care, let them lead me; let them bring me to your holy mountain, to the place where you dwell. (Psalm 43:3)
60. Mercy, peace and love be yours in abundance. (Jude 1:2)
61. What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul? (Matthew 16:26)
62. Tell the righteous it will be well with them, for they will enjoy the fruit of their deeds. (Isaiah 3:10)
63. The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name's sake. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever. (Psalm 23:1-6)
64. The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing. (Zephaniah 3:17)
65. Do not fear, do not let your hands hang limp. The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing. (Zephaniah 3:16b-17)
66. And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in them. (1 John 4:16)
67. We love because he first loved us. (1 John 4:19)
68. Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life. (Psalm 143:8)
69. But the Lord's unfailing love surrounds the one who trusts in him. (Psalm 32:10b)

70. I am with you and will watch over you wherever you go. (Genesis 28:15a)
71. You are my hiding place; you will protect me from trouble and surround me with songs of deliverance. (Psalm 32:7)
72. The Lord will keep you from all harm—he will watch over your life; the Lord will watch over your coming and going both now and forevermore. (Psalm 121:7-8)
73. I lift up my eyes to the mountains—where does my help come from? My help comes from the Lord, the Maker of heaven and earth. (Psalm 121:1-2)
74. The Lord watches over you—the Lord is your shade at your right hand. (Psalm 121:5)
75. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. (Psalm 23:4)
76. For I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you. (Isaiah 41:13)
77. I sought the Lord, and he answered me; he delivered me from all my fears. (Psalm 34:4)
78. When I called, you answered me; you greatly emboldened me. (Psalm 138:3)
79. And surely I am with you always, to the very end of the age. (Matthew 28:20b)
80. Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you. (Deuteronomy 31:6)
81. And now these three remain: faith, hope and love. But the greatest of these is love. (1 Corinthians 13:13)
82. Be on your guard; stand firm in the faith; be courageous; be strong. Do everything in love. (1 Corinthians 16:13-14)
83. May the Lord direct your hearts into God's love and Christ's perseverance. (2 Thessalonians 3:5)
84. As for God, his way is perfect: The Lord's word is flawless; he shields all who take refuge in him. (Psalm 18:30)
85. The Lord is good, a refuge in times of trouble. He cares for those who trust in him. (Nahum 1:7)

86. Take delight in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him and he will do this. (Psalm 37:4-5)

87. Arise, shine, for your light has come, and the glory of the Lord rises upon you. (Isaiah 60:1)

88. What, then, shall we say in response to these things? If God is for us, who can be against us? (Romans 8:31)

89. I lift up my eyes to the mountains—where does my help come from? My help comes from the Lord, the Maker of heaven and earth. (Psalm 121:1-2)

90. Be completely humble and gentle; be patient, bearing with one another in love. (Ephesians 4:2)

91. Love must be sincere. Hate what is evil; cling to what is good. (Romans 12:9)

92. Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. (1 Corinthians 13:4-5)

93. Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. (Proverbs 3:5-6)

94. Do not be wise in your own eyes; fear the Lord and shun evil. This will bring health to your body and nourishment to your bones. (Proverbs 3:7-8)

95. Do not let your hearts be troubled. You believe in God; believe also in me. (John 14:1)

96. The Lord is a refuge for the oppressed, a stronghold in times of trouble. (Psalm 9:9)

97. Those who know your name trust in you, for you, Lord, have never forsaken those who seek you. (Psalm 9:10)

98. Give thanks to the Lord, for he is good; his love endures forever. (Psalm 107:1)

99. I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you. (Psalm 32:8)

100. You have searched me, Lord, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways. (Psalm 139:1-3)

101. Wait for the Lord; be strong and take heart and wait for the Lord.
(Psalm 27:14)

102. For the word of the Lord is right and true; he is faithful in all he does.
(Psalm 33:4)

103. For with you is the fountain of life; in your light we see light.
(Psalm 36:9)

104. The Lord is my light and my salvation—whom shall I fear? The Lord is
the stronghold of my life—of whom shall I be afraid? (Psalm 27:1)

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De verzen zijn afkomstig uit de NBV21 vertaling. Gebruik de vertaling of een parafrase van het gewenste bijbelvers zolang de inhoud van het vers hetzelfde blijft.



1. Staak de strijd, en erken dat Ik God ben, verheven boven de volken, verheven boven de aarde. Psalm 46:11
2. God is voor ons een veilige schuilplaats, een betrouwbare hulp in de nood. Psalm 46:2
3. Zij die in tranen zaaien, zullen oogsten met gejuich. Psalm. 126:5
4. Ik ben tegen alles bestand door Hem die mij kracht geeft. Filippenzen 4:13
5. Dit zei God, de HEER, de Heilige van Israël: In rust en inkeer ligt jullie redding, in geduld en vertrouwen ligt jullie kracht. Jesaja 30:15
6. Wees niet bang, want Ik ben bij je, vrees niet, want Ik ben je God. Ik zal je sterken, Ik zal je helpen, je steunen met mijn bevrijdende rechterhand. Jesaja 41:10
7. Behoed mij als de appel van uw oog, verberg mij in de schaduw van uw vleugels. Psalm 17:8
8. maar wie hoopt op de HEER krijgt nieuwe kracht: hij slaat zijn vleugels uit als een adelaar, hij loopt, maar wordt niet moe, hij rent, maar raakt niet uitgeput. Jesaja 40:31
9. U bent mijn lamp, HEER, U, HEER, verlicht mijn duisternis. 2 Samuel 22:29
10. U hebt mijn klacht veranderd in een dans, mijn rouwkleed weggenomen, mij in vreugde gehuld. Psalm 30:12



11. Al bezwijkt mijn hart en vergaat mijn lichaam, de rots van mijn bestaan, al wat ik heb, is God, nu en altijd. Psalm 73:26

12. Mijn plan met jullie staat vast – spreekt de HEER: Ik heb jullie geluk voor ogen, niet jullie ongeluk; Ik zal je een hoopvolle toekomst geven.
Jeremia 29:11

13. Maak je dus geen zorgen voor de dag van morgen, want de dag van morgen zorgt wel voor zichzelf. Elke dag heeft genoeg aan zijn eigen kwaad.
Mattheüs 6:34

14. Je hoeft niet bang te zijn wanneer je slapen gaat, je slaap zal vredig zijn.
Spreuken 3:24

15. Ik loof U om het ontzaglijke wonder van mijn bestaan, wonderbaarlijk is wat U gemaakt hebt. Ik weet het, tot in het diepst van mijn ziel. Psalm 139:14

16. Laten we daarom het goede doen, zonder op te geven, want als we niet verzwakken zullen we oogsten wanneer de tijd daarvoor gekomen is.
Galaten 6:9

17. De HEER bewijst zijn liefde: wij zijn nog in leven! Zijn ontferming kent geen einde. Klaagliederen 3:22

18. Vol verlangen heb ik op de HEER gewacht en Hij boog zich naar mij toe, Hij heeft mijn roep om hulp gehoord. Psalm 40:2

19. En toch wacht de HEER op het ogenblik dat Hij jullie genadig kan zijn; toch zal Hij zich oprichten om zich over jullie te ontfermen. Want de HEER is een God van recht. Gelukkig de mens die op Hem wacht. Jesaja 30:18

20. Wie bij U hun geluk zoeken zullen lachen en vrolijk zijn, wie van U hun redding verwachten zullen steeds weer zeggen: Groot is de HEER. Psalm 40:17

21. Laat uw leven niet beheersen door geldzucht, neem genoeg met wat u hebt. Hij heeft immers zelf gezegd: Nooit zal Ik u afvallen, nooit zal Ik u verlaten, zodat we vol vertrouwen kunnen zeggen: De Heer is mijn helper, ik heb niets te vrezen. Wat zouden mensen mij kunnen doen? Hebreëen 13:5-6

22. Alleen bij God vindt mijn ziel haar rust, van Hem komt mijn redding. Hij alleen is mijn rots en mijn redding, mijn burcht, nooit zal ik wankelen.
Psalm 62:2-3

23. De HEER zal je voortdurend leiden, Hij zal je verkwikken in dorre streken, Hij maakt je botten sterk en krachtig. Je zult zijn als een goed bevloeide tuin, als een bron waarvan het water nooit opdroogt. Jesaja 58:11



24. Elke goede gave, elk volmaakt geschenk komt van boven, van de Vader van de hemellichten; bij Hem is nooit enige verandering of verduistering waar te nemen. Jakobus 1:17

25. Kom allen bij Mij, jullie die vermoeid zijn en onder lasten gebukt gaan, Ik zal jullie rust geven. Mattheüs 11:28

26. Het oog van de HEER rust op wie Hem vrezen en hopen op zijn trouw. Psalm 33:18

27. Het licht schijnt in de duisternis en de duisternis heeft het niet in haar macht gekregen. Johannes 1:5

28. Wees niet bang, want Ik ben bij je, vrees niet, want Ik ben je God. Ik zal je sterken, Ik zal je helpen, je steunen met mijn bevrijdende rechterhand. Jesaja 41:10

29. Leg de last van uw zorgen op Hem, want u ligt Hem na aan het hart. 1 Petrus 5:7

30. Ik laat jullie vrede na; mijn vrede geef Ik jullie, zoals de wereld die niet geven kan. Maak je niet ongerust en verlies de moed niet. Johannes 14:27

31. Vertrouw op de HEER, voor altijd, want de HEER is een eeuwige rots. Jesaja 26:4

32. Hij laat mij rusten in groene weiden en voert mij naar vredig water. Psalm 23:2

33. Mijn plannen zijn niet jullie plannen, en jullie wegen zijn niet mijn wegen – spreekt de HEER. Want zo hoog als de hemel is boven de aarde, zo ver gaan mijn wegen jullie wegen te boven, en mijn plannen jullie plannen. Zoals regen of sneeuw neerdaalt uit de hemel en daarheen niet terugkeert zonder eerst de aarde te doordrenken, haar te bevruchten en te laten gedijen, zodat er zaad is om te zaaien en brood om te eten. Jesaja 55:8-10

34. Dit is wat wij Hem hebben horen verkondigen en wat we u verkondigen: God is licht, er is in Hem geen spoor van duisternis. 1 Johannes 1:5

35. Sta op, kom ons te hulp, verlos ons, omwille van uw trouw. Psalm 44:27

36. Moge de God van de vrede uw leven geheel en al heiligen, en mogen heel uw geest, ziel en lichaam zuiver bewaard zijn bij de komst van onze Heer Jezus Christus. 1 Thessalonicenzen 5:23

37. De genade van onze Heer Jezus Christus zij met u.
1 Thessalonicenzen 5:28

38. Want in Hem leven wij, bewegen wij en zijn wij. Of, zoals ook enkele van uw eigen dichters hebben gezegd: Uit hem komen ook wij voort.
Handelingen 17:28

39. Daarom verheugt zich mijn hart en juicht mijn ziel, mijn lichaam voelt zich veilig en beschut. Psalm 16:9

40. Wie in de beschutting van de Allerhoogste woont en overnacht in de schaduw van de Ontzagwekkende, zegt tegen de HEER: Mijn toevlucht, mijn vesting, mijn God, op U vertrouw ik. Psalm 91:1-2

41. Dan zal de vrede van God, die alle verstand te boven gaat, uw hart en gedachten in Christus Jezus bewaren. Filippenzen 4:7

42. Een stralend gezicht verblijdt het hart, een goed bericht verkwikt het lichaam. Spreuken 15:30

43. Wie altijd op de wind let, komt nooit aan zaaien toe; wie altijd naar de wolken kijkt, komt nooit aan maaien toe. Prediker 11:4

44. Een rechtvaardige komt zevenmaal ten val, maar telkens staat hij op. (Een goddeloze struikelt door zijn slechte daden, en komt voorgoed ten val.) Spreuken 24:16

45. Bezorgdheid maakt een mens neerslachtig, een hartelijk woord beurt hem op. Spreuken 12:25

46. Broeders en zusters, ik beeld me niet in dat ik het al heb bereikt, maar één ding is zeker: ik vergeet wat achter me ligt en richt mij op wat voor me ligt. Filippenzen 3:13

47. Een vrolijk hart bevordert een goede gezondheid, een sombere geest verzwakt het lichaam. Spreuken 17:22

48. Wie zijn verstand gebruikt, heeft zijn leven lief, wie zich laat leiden door inzicht, is geluk op het spoor. Spreuken 19:8

49. Een tevreden geest geeft een goede gezondheid, jaloezie knaagt aan je botten. Spreuken 14:30

50. Gelukkig de mens die wijsheid ontdekt, de mens die inzicht wint. Wijsheid levert meer op dan zilver, geeft meer profijt dan goud. Spreuken 3:13-14



51. Wat ben je bedroefd, mijn ziel, en onrustig in mij. Vestig je hoop op God, eens zal ik Hem weer loven, mijn God, die mij ziet en redt. Psalm 42:12

52. De uitspraken van een rechtvaardige zijn een bron van leven, de woorden van een goddeloze verhullen geweld. Spreuken 10:11

53. De liefde laat geen ruimte voor angst; volmaakte liefde sluit angst uit, want angst veronderstelt straf. In iemand die angst kent, is de liefde niet tot volmaaktheid gekomen. 1 Johannes 4:18

54. Gelukkig is zij die geloofd heeft dat de woorden van de Heer in vervulling zullen gaan. Lucas 1:45

55. Wees over niets bezorgd, maar vraag in alle omstandigheden aan God wat u nodig hebt en dank Hem in uw gebeden. Filippenzen 4:6

56. Dan zal Hij regen geven voor het zaad waarmee je het land hebt ingezaaid. Alles wat het land voortbrengt zal mals en voedzaam zijn. Op die dag zullen je kudde op uitgestrekte weidegronden grazen. Jesaja 30:23

57. Zoals een hinde smacht naar stromend water, zo smacht mijn ziel naar U, o God. Psalm 42:2

58. Zend uw licht en uw waarheid, laten zij mij geleiden en brengen naar uw heilige berg, naar de plaats waar U woont. Psalm 43:3

59. Barmhartigheid zij u, vrede en liefde, in overvloed. Judas 1:2

60. Wat heeft een mens eraan de hele wereld te winnen als dat ten koste gaat van zijn leven? Wat kan hij geven in ruil voor zijn leven? Mattheüs 16:26

61. Bedenk: de rechtvaardige gaat het goed, hij zal de vruchten plukken van zijn daden. Jesaja 3:10

62. De HEER is mijn herder, het ontbreekt mij aan niets. Hij laat mij rusten in groene weiden en voert mij naar vredig water, Hij geeft mij nieuwe kracht en leidt mij langs veilige paden tot eer van zijn naam. Al gaat mijn weg door een donker dal, ik vrees geen gevaar, want U bent bij mij, uw stok en uw staf, zij geven mij moed. Psalm 23:1-6

63. De HEER, je God, zal in je midden zijn, Hij is de held die je bevrijdt. Hij zal vol blijdschap zijn, verheugd over jou, in zijn liefde zal Hij zwijgen, in zijn vreugde zal Hij over je jubelen. Zefanja 3:17



64. Wees niet bang, Sion! Laat de moed niet zinken! De HEER, je God, zal in je midden zijn, Hij is de held die je bevrijdt. Hij zal vol blijdschap zijn, verheugd over jou, in zijn liefde zal Hij zwijgen, in zijn vreugde zal Hij over je jubelen. Zefanja 3:16b-17

65. Wij hebben Gods liefde, die in ons is, leren kennen en vertrouwen daarop. God is liefde. Wie in de liefde blijft, blijft in God, en God blijft in hem. 1 Johannes 4:16

66. Wij hebben lief omdat God ons het eerst heeft liefgehad. 1 Johannes 4:19

67. Laat mij in de morgen uw liefde horen, in U stel ik mijn vertrouwen, wijs mij de weg die ik gaan moet, mijn ziel verlangt naar U. Psalm 143:8

68. Een slecht mens heeft veel leed te verduren, maar wie op de HEER vertrouwt wordt met liefde omringd. Psalm 32:10

69. Ikzelf sta je terzijde, Ik zal je overal beschermen, waar je ook heen gaat, en Ik zal je naar dit land terugbrengen; Ik zal je niet alleen laten tot Ik gedaan heb wat Ik je heb beloofd. Genesis 28:15a

70. Bij U ben ik veilig, U behoedt mij in de nood en omringt mij met gejuich van bevrijding sela. Psalm 32:7

71. De HEER behoedt je voor alle kwaad, Hij waakt over je leven. Psalm 121:7

72. De HEER behoedt je voor alle kwaad, Hij waakt over je leven, de HEER houdt de wacht over je gaan en je komen van nu tot in eeuwigheid. Psalm 121:7-8

73. Ik sla mijn ogen op naar de bergen. Van waar komt mijn hulp? Psalm 121:1

74. Ik sla mijn ogen op naar de bergen. Van waar komt mijn hulp? Mijn hulp komt van de HEER, die hemel en aarde gemaakt heeft. Psalm 121:1-2

75. De HEER is je wachter, de HEER is de schaduw aan je rechterhand. Psalm 121:5

76. Al gaat mijn weg door een donker dal, ik vrees geen gevaar, want U bent bij mij, uw stok en uw staf, zij geven mij moed. Psalm 23:4

77. Want Ik ben de HEER, je God, Ik neem je bij je rechterhand en zeg je: Wees niet bang, Ik zal je helpen. Jesaja 41:13



78. Ik zocht de HEER en Hij gaf antwoord, Hij heeft mij van alle angst bevrijd.
Psalm 34:5

79. Toen ik U aanriep, hebt U geantwoord, mij bemoedigd en gesterkt.
Psalm 138:3

80. En houd dit voor ogen: Ik ben met jullie, alle dagen, tot aan de voltooiing
van deze wereld. Mattheüs 28:20b

81. Wees vastberaden en standvastig. Wees niet bang en laat u niet
afschrikken, want het is de HEER, uw God, die met u meegaat. Hij zal niet van
uw zijde wijken en u niet verlaten. Deuteronomium 31:6

82. Dit is wat blijft: geloof, hoop en liefde, deze drie, maar de grootste
daarvan is de liefde. 1 Korintiërs 13:13

83. Wees waakzaam, volhard in het geloof, wees moedig en sterk. Alles wat u
doet, moet u met liefde doen. 1 Korintiërs 16:13-14

84. Moge de Heer uw hart richten op de liefde voor God en de standvastige
trouw aan Christus. 2 Thessalonicenzen 3:5

85. Gods weg is volmaakt, het woord van de HEER is zuiver, een schild is Hij
voor allen die bij Hem schuilen. Psalm 18:31

86. De HEER is goed, een vesting in tijden van nood, Hij kent wie bij Hem
schuilen. Nahum 1:7

87. Zoek je geluk bij de HEER, Hij zal geven wat je hart verlangt. Leg je leven
in de handen van de HEER, vertrouw op Hem, Hij zal dit voor je doen:
Psalm 37:4-5

88. Sta op en schitter, je licht is gekomen, over jou schijnt de luister van de
HEER. Jesaja 60:1

89. Wat moeten wij hier verder over zeggen? Als God voor ons is, wie kan dan
tegen ons zijn? Romeinen 8:31

90. Wees altijd nederig, zachtmoedig en geduldig, en verdraag elkaar uit
liefde. Efeziërs 4:2

91. Laat uw liefde oprecht zijn. Verafschuw het kwaad en wees het goede
toegedaan. Romeinen 12:9

92. De liefde is geduldig en vol goedheid. De liefde kent geen afgunst, geen ijdel vertoon en geen zelfgenoegzaamheid. Ze is niet grof en niet zelfzuchtig, ze laat zich niet boos maken en rekent het kwaad niet aan. 1 Korintiërs 13:4-5

93. Vertrouw op de HEER met heel je hart, steun niet op eigen inzicht. Denk aan Hem bij alles wat je doet, dan baant Hij voor jou de weg. Spreuken 3:5-6

94. Wees niet eigenzinnig, maar heb ontzag voor de HEER en ga het kwaad uit de weg. Het zal je sterken als een medicijn, het verkwikt je lichaam. Spreuken 3:7-8

95. Wees niet ongerust, maar vertrouw op God en op Mij. Johannes 14:1

96. Moge de HEER een burcht zijn voor de verdrukte, een burcht in tijden van nood. Psalm 9:10

97. Wie uw naam kent, kan op U vertrouwen, U verlaat niet wie U zoeken, HEER. Psalm 9:11

98. Loof de HEER, want Hij is goed, eeuwig duurt zijn trouw. Psalm 107:1

99. Ik geef inzicht en wijs de weg die je moet gaan. Ik geef raad, op jou rust mijn oog. Psalm 32:8

100. HEER, U kent mij, U doorgrondt mij, U weet het als ik zit of sta, U doorziet van verre mijn gedachten. Ga ik op weg of rust ik uit, U merkt het op, met al mijn wegen bent U vertrouwd. Psalm 139:1-3

101. Wacht op de HEER, wees dapper en vastberaden, ja, wacht op de HEER. Psalm 27:14

102. Oprecht is het woord van de HEER, alles wat Hij doet is betrouwbaar. Psalm 33:4

103. want bij U is de bron van het leven, door úw licht zien wij licht. Psalm 36:10

104. De HEER is mijn licht, mijn behoud, wie zou ik vrezen? Bij de HEER is mijn leven veilig, voor wie zou ik bang zijn? Psalm 27:1

105. God, geef me de gemoedsrust om te accepteren wat ik niet kan veranderen, de moed om te veranderen wat ik kan, en het begrip om het verschil te zien. Gemoedsrust Gebed



tikva

DIPLOM

Har genomgått utbildningen "Diplomerad Tikva-instruktör"
med inriktning Tikva Stretch och Tikva Avslappning.

Utbildningen, bestående av teori och praktik, bekräftades
med individuellt prov som fått med beröm godkänt.

Eric Lacabanne, utbildningsansvarig
Huskvarna 2023